

[(Classic Sauces: 150 Delicious Ideas Shown in More Than 300 Photographs)] [By (author) Christine France] [September, 2012]

Christine France



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This title features 150 delicious ideas shown in more than 300 photographs. You can bring out wonderful tastes and aromas in your food with this collection of over 150 quick and easy recipes for delicious sauces, hot and fiery salsas, creamy dips, tasty relishes, spicy marinades and simple dressings. It features a range of classic sauces, including beurre blanc and mayonnaise, as well as delicious dessert sauces such as rich butterscotch sauce and passionfruit coulis. The recipes are easy to follow, with 300 beautiful photographs in total, and each dish features a complete nutritional analysis of the fat, carbohydrate and salt content. It is a fully illustrated practical reference section looks at the basic sauce ingredients, different herbs and spices and useful sauce-making equipment, as well as featuring plenty of useful hints and tips from how to prevent curdling to correcting a lumpy sauce. A well-made sauce can turn the simplest of ingredients into a culinary masterpiece. With understanding of basic techniques and the right ingredients you can brighten up cuts of meat or poultry. Fresh and contemporary, this book offers 150 recipes for sauces, salsas, dressings, dips, and marinades for every occasion. Sweet sauces are included, so you can indulge yourself with delicious desserts such as Sabayon Sauce, Chocolate Sauce with Profiteroles and Toffee Sauce with Hot Date Puddings. Illustrated with photographs of every dish, this book also offers hints and tips for thickening, keeping sauces warm, and recipes for basic stocks. Whether you are planning a special meal or want to liven up a supper at the last minute, this book has all you need to know about making successful sauces.

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